



SCHOOL DISTRICT NO. 73 (Kamloops - Thompson)

NEW TRENDS IN ADOLESCENT CANNABIS USE AND VAPING

March 12, 2019

7:00PM -8:30PM

Henry Grube Education Centre

Presented by Dr. Marvin Krank



Marvin Krank, Ph.D.

*Professor of Psychology,
University of British Columbia, Okanagan*

Dr. Krank received his Honors BA in Psychology and Mathematics at Indiana University. He has taught at many universities including Memorial University, Mount Allison University, the University of Toronto and Oregon Health Sciences University as well as the University of Washington. Dr. Krank joined the University of British Columbia, Okanagan campus as Dean of Graduate Studies and Professor of Psychology in 2005.

Dr. Krank's talk will focus on two emerging substance use issues facing youth today: vaping and cannabis legalization. The audience will learn about the emergence of vaping in particular the large amount of on-line advertising and misrepresentation aimed at youth. The use of flavoured vapes is uniquely attractive to youth. The truth is that vape juice often contains nicotine and sometimes other substances such as cannabis. The result is that there is now more nicotine being used by youth than at anytime in the past few decades. Research is showing that youth are generally unaware of the health risks associated with vaping and the addictive nature of the habit. In addition, youth appear to be unaware of the age-related risks of cannabis use. Dr. Krank will discuss the latest research showing these risks and suggest how parents can keep informed and help their children make healthier choices. Finally, Dr. Krank will offer an overview of evidence-based prevention programming aimed at reducing the risk of substance abuse in youth.